Join NAMI Pierce County for our annual NAMIWalks event

Saturday, July 17, 2021 from 9:00 – 11:00 am

Prior to the pandemic, one in five people in the U.S. reported having a mental health condition. Mental health experts suggest the figure is now two in five, or even higher.

Every year, all of the NAMI state and local organizations bring together thousands of people to raise mental health awareness and funds through NAMIWalks. And this year, mental health supporters and advocates from across the country will be walking under the theme of “Mental Health for All”. Due to COVID-19, NAMI Washington will host our NAMIWalks event virtually but with the option for affiliates to do an event locally.

NAMI Pierce will hold an in-person walk event Saturday, July 17 at Wright Park, (501 S. I Street, Tacoma) beginning at 9:00 am. Walkers can join at 9:am, 9:15 am or 9:30 am. We will be streaming the event live on our Facebook Page (www.facebook.com/namipiercecounty). And a map showing our meeting spot for the beginning of the walk will be posted on our website along with more specific information.

To join NAMIWalks Your Way Pierce County, visit our website www.namipierce.org and register today. There is no registration fee, but fundraising is encouraged. Funds raised will help support NAMI Pierce County’s free local mental health programs, resources, and services.

For more information contact us at info@namipierce.org or call 253-677-6629.