

## Our Mission

To improve the lives of the citizens of Bucks County who suffer from a serious mental illness or, as family members and caregivers, share the burden of these devastating illnesses.

Our mission is accomplished through programs designed to **support, educate** and **advocate** for individuals with a mental illness and their family members. We strive to educate the public about the true nature of mental illnesses and combat the stigma and discrimination often faced by people with these serious brain disorders.

Our programs educate individuals with mental illness to better understand their illness, stressors, and how to live in recovery. We help families to understand and be supportive of loved ones with mental illness. We also advocate for training of teachers, law enforcement, and first responders to recognize and respond appropriately to individuals with mental illness.

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## Victimization of People with Disabilities

**Thursday, November 15, 2012 at 7:30 P.M.**

Please join us for our November 15, 2012 Forum. Eleanor Wilhelm from NOVA, Network of Victims Assistance will speak about people with disabilities as crime victims. Crime Victimization is a traumatic experience for anyone. For an individual with a disability, the problem s can be more complex. Since 1974 Network of Victims assistance (NOVA) has been providing services to victims of crime. NOVA developed specialized programs for persons with disabilities to help empower and provide skills to reduce the risk of victimization in Bucks County.

**Abington Memorial Health Center, Warminster Campus  
(Formerly Warminster Hospital)  
Main Conference Room (Ground Floor)  
225 Newtown Rd., Warminster, PA 18974  
Call 1-866-399-NAMI (6264) for further information**

## NAMI Bucks to Host Thanksgiving and Holiday Dinner in Lower Bucks

NAMI Bucks will be hosting a Social/Dinner for Thanksgiving and the Holidays for members of the Lower Bucks Consumer Club. There is no charge to anyone who wishes to attend. Please make your holidays more meaningful by volunteering to help serve at these very special events. Please call 215-442-5637. Dinners will be held on November 18 and December 16, 2012.

**NAMI of PA,  
Bucks County Chapter**

**Administrator**  
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Warrington, PA 18976-0355  
Phone: 215-442-5637  
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Help Line: 1-866-399-6264  
9:00 A.M. – 9:00 P.M.  
E-mail [info@namibuckspa.org](mailto:info@namibuckspa.org)  
Web Site  
[www.info@namibuckspa.org](http://www.info@namibuckspa.org)

**NAMI Bucks County  
Newsletter**

Letters, News Articles, and  
Announcements are welcome.  
Deadline for articles for our  
Winter, 2013 issue is  
January 15, 2013  
Send to above address or by e-mail  
to [info@namibuckspa.org](mailto:info@namibuckspa.org)

## Announcements

### **NAMI of Bucks County is part of United Way Donor Choice Program**

Donors can designate a gift to NAMI of Bucks County via a Donor Choice during United Way's Annual Campaign. **Our organization code is #14632** and is only valid for the United Way of Southeastern Pennsylvania. **PLEASE NOTE: BE SURE TO USE THIS NUMBER IF YOU WANT YOUR DONATION TO BENEFIT THE NAMI BUCKS COUNTY, PA CHAPTER.**

### **Designate NAMI Bucks to Receive Donations through EBAY Giving Works**

Sellers on EBAY can now designate all or a portion of the proceeds from an EBAY sale to benefit NAMI of Bucks County. When listing your item, go to the [Sell Your Item form](#) on EBAY. In the "Pictures & Details" section, click the "Add" link in the area titled "Donate percentage of sale." Choose your organization "NAMI of PA, Bucks County Chapter" to receive the proceeds or a portion of the proceeds.

### **WE TAKE CREDIT CARDS Renew your Membership or Make a Donation to NAMI of Bucks County**

You can become a new member, renew your current membership and/or make a donation to NAMI with your credit card, through the mail, or telephone. Visit our website at [www.info@namibucks.org](http://www.info@namibucks.org) for details or call Debbie at 1-866-399-NAMI (6264) for an application.

**NOTE: Since renewals are handled on a quarterly basis, you will be notified when your current membership is due to expire. Please do not renew your membership until you receive notice. If paying by check, we would appreciate if you would note in the memo section of your check whether it is a donation, membership renewal or both. We appreciate your help.**

### **Bucks County Caring Neighbor Sponsored by Lenape Valley Foundation**

All people have dreams, Some dream of money, Some dream of power, Some dream of fame and fortune. However, the biggest dream for many is friendship! You can make that dream come true! You can make a difference today in the life of an individual with mental illness. Please help brighten someone's life today. Please call 215-957-2204 for information.



## Thank You for Your Contribution

We want to thank the following who have been so generous:

### \$1 to \$25

Donald Cooper  
Dorothy McClellan  
Karen Seibert

### \$26 to \$50

Edwin & Joan Calhoun  
Gerald Welsh via United Way  
Quakertown House

### \$101 to \$500

Michael & Martha Farmer  
Denise Kolber

### \$501 to \$1,000.00

Joseph & Ann Gardocki  
Spout Foundation

### All the NAMI Bucks County Volunteers

Your continuing contributions are important in sustaining our advocacy. NAMI welcomes and appreciates any amount that people can afford. Keep in mind when making your donation that many companies will match employee gifts. If you have not already contributed, please do so by sending your tax deductible donation to: NAMI of Bucks County, P.O. Box 355, Warrington, PA 18976-0355



### NAMI Connection Recovery Support Group is BACK!!!

and is open to all adults with mental illness, regardless of diagnosis. The NAMI Connection group offers a casual and relaxed approach to sharing the challenges and successes of coping with mental illness.

Each group:

- Meets bi-weekly for 90 minutes
- Is offered free of charge
- Follows a flexible structure without an educational format
- Does not recommend or endorse any medications or other medical therapies

*PLEASE NOTE SCHEDULE CHANGES: Connection group meets the first and third Tuesday at 6:30 pm at the Voice and Vision Office, 600 Louis Drive, Suite 106, Warminster, PA 18974. For more information, please call 1-866-NAMI(6264).*

## NAMI Family Support Group

NAMI Family Support Group meets on the first and third Monday at The Crossing Community Church at 80 Silver Lake Rd., Newtown, PA at 7:30 – 8:30 PM. **Registration is NOT required.**

## Visit us on Facebook

NAMI Bucks now has a Facebook page. Please visit us, join in the conversation and stay up to date on the latest news. **NAMI of PA, Bucks County Chapter**

## Give us your Poems, Stories, Anecdotes, Articles

We'd like to include your poems, personal stories, anecdotes and articles in the Chapter Newsletter. Send them to: NAMI of Bucks County, P.O. Box 355, Warrington, PA 18976-0355 or send by e-mail to [info@namibucks.org](mailto:info@namibucks.org)

### Wishing for the Future

*By Cheryl Brenner*

Sitting by the fireplace, roasting  
marshmallows, drinking hot chocolate,  
snow outside, wrapped up in a winter  
blanket getting warm.

Everyone knows that a family get  
together is fun.

Everyone knows what everyone wants.

That would be bright sunshine,  
swimming in a pool, walks in the park,  
picnics in the yard or at the park, lying  
down on a blanket soaking up some  
sunshine. A nice walk, wearing short  
sleeves blouses and shorts. Feeling  
comfortable instead of not being cold.  
Just thinking about it makes you feeling  
all that warmth.



### Halloween Night

*By Emily Plewes*



Soaring high the leaves dance. Twisting, turning  
they intertwine.

Laughter fills the night's cool air,  
Candy spilt everywhere.

Faces shine that are not our own,  
Bonfires burn as the slightly chilling breeze plays a  
melody in the clashing red and orange.

Mouths turned up facing the heavens.

We sing and dance leaving our sorrows in a  
curtain of darkness.

Candy corn spills over a bowl; hands rush to  
devour it whole!

Faces mounted on hallow pumpkins they gaze at  
by passers with eyes that twinkle in the dark night.

Witches, ghosts, goblins, ghouls walk down the  
street; laughing, chiming as they greet, doorbells  
ring, raps on doors, children sing "I want more"

A magical night that soothes our hearts.

That's been going on for so long tradition won't  
break apart.

We sing and cheer as we go in for the night

"Happy Halloween!

I had such a wonderful night.

## Mental Illness: Coping with the Holidays

### *Mental Health Ministries*

*Rev. Susan Gregg-Schroeder*

The holiday season is supposed to be a time full of joy, parties and gatherings with friends and families. But the holidays can be a difficult time for many persons dealing with

- personal grief,
- loneliness,
- illnesses of all kinds,
- economic concerns,
- separation from family members
- relationship issues like separation
- divorce.

We talk about peace on earth but live with the threat of terrorism and the reality that our country is at war. The commercialization of the holiday season bombards us with unrealistic expectations. And many of us feel overwhelmed when our “to-do” list goes on forever! While some people experience temporary periods of depression like the “holiday blues” or Seasonal Affective Disorder (SAD), many of us live with mental illness every day. The holidays are especially difficult when our own feelings of sadness, loneliness, depression and anxiety are the opposite of the “Hallmark” images we see all around us.

### **Tips for Persons Living with a Mental Illness**

The holidays can be times of stress for everyone. As a person who lives with a mental illness, I have learned the importance of self-care...especially during times of stress in our lives. Try as much as possible to maintain your routines like sleeping, regular meals, exercising, taking medication, keeping appointments with mental health professionals and attending support groups. During this time we may find ourselves at extended family gatherings or at parties with people who do not understand about our illness. Some people may be uncomfortable and not know what to say to you. Others may say hurtful things or offer cliché advice out of ignorance and the stigma of mental illness. It is helpful to

prepare yourself by knowing who may be at a gathering. Large groups can feel overwhelming at any time! Know that whatever you are feeling, it is right for you. It is all right to excuse yourself for some time away. There may be times when you may want to excuse yourself and go to a quiet place. While continually isolating yourself is not helpful, there are times when solitude can be a time of replenishment, reconnection with yourself and deeply satisfying. On the other hand, for some people it is hard to feel down when you are helping someone else. There are many opportunities to volunteer during the holiday season. The satisfaction of giving to others can help you put your own problems in perspective. Live in the now! Try to let go of past regrets and experiences and find joy in the present moment. And remember, laughter is good medicine!

### **Tips for Family and Friends**

Family and friends can include their loved one in holiday activities to the degree that he or she is able to participate. Setting specific times for family traditions like baking special food, decorating the house, wrapping gifts or attending community celebrations, gives the person something to look forward to. If there is to be a large gathering of family and friends, plan ahead by preparing those persons who may not know the situation. This is a wonderful opportunity to help erase the stigma and shame too often associated with mental illness. You can help them find ways to be relaxed yet respectful of any special needs. Someone living with a mental illness can feel further disconnected from others if people ignore or avoid them. Set realistic goals and be flexible. The holidays are about love and caring one another. We would all do better to let go of the image of the “perfect” holiday and focus on accepting ourselves and our loved ones without judging, criticizing or advising.

### **Tips for Communities of Faith**

Many of the holidays are also Holy days. For anyone who is struggling, hearing the familiar stories of our faith, singing familiar hymns and participating in religious rituals can bring comfort. It can be time of re-connecting with our faith and spirituality. Clergy can make a special effort to encourage families to invite their loved one to be part of special services. The holidays are a time of bringing people together in community. We know that one in four families sitting in the pews is living with someone who has a mental illness. Many are suffering in silence and are afraid to share their pain with others. Incorporating mental illness in sermons, prayers and liturgies is one step in reminding them that they are not alone. The holidays remind us that our God welcomes the stranger and the outcast and loves us just as we are. Clergy can encourage their congregation to make an intentional outreach to persons outside the faith community. Interfaith groups and many community based mental health programs can provide you with the names of persons who would like to attend a holiday worship service in their faith tradition. Members of your congregation can offer to provide rides to persons who do not regularly attend worship. Encourage individuals and groups to visit persons you know may be struggling with depression or other mood disorder in their home, residential settings or hospital. Bringing a small token from the faith community can help people feel they are not forgotten.

### **Celebrate the Moment**

Despite our good intentions, remember that the holidays rarely turn out as planned. Focus on making them a special time for you and your family, no matter what the circumstances. Celebrate this season of hope and expectation. Celebrate the many blessings in your life.

## Photo ID Not Required to Vote in November

On October 2, Commonwealth Court Judge Robert Simpson stayed the mandatory requirements of the Voter ID law (Act 18) for at least the 2012 general election. Thus, what will occur on election day will be identical to what occurred in the primary election; registered voters will be asked to show a **photo ID**, but **cannot be required** to show one in order to vote at the



voting machine (not forced to use a written provisional ballot). First time voters still have to show an ID, but it does not have to be a photo ID. Don't let all the confusion around photo IDs keep you from voting. **You can vote on November 6th without a photo ID!**

## Process Streamlined for Getting Free ID

The Pennsylvania Department of State announced that it is simplifying the process for obtaining a free voter ID by removing the proof-of-residence requirement. Submitting a name, address, date of birth, county registered, and Social Security number will now suffice for a voting-only Department of State ID.

The applicant must fill out a Department of State application form and sign an oath/affirmation that they are a registered voter and have no other form of identification that can be used for voting. While the person waits, staff at the Driver License Center will contact the Department of

State to validate that the person is registered to vote. Once verified, the person will receive the free Voter ID, which is only valid for voting and will be good for 10 years.

In an effort to allow as many people as possible to get the free Voter ID, forty-eight PennDOT centers will stay open on the Monday before Election Day for last-minute ID applications. For more info, call 800-932-4600 or go to [www.dmv.state.pa.us](http://www.dmv.state.pa.us) and click on Voter ID. For additional information on voting and the types of photo ID's that can be used at the polls, visit [www.votespa.com](http://www.votespa.com) or [www.dos.state.pa.us](http://www.dos.state.pa.us).

### Additional Information

Simplified method to obtain Photo ID for Pennsylvania-born voters (see [http://www.portal.state.pa.us/portal/server.pt/gateway/PTARGS\\_0\\_8794\\_06\\_1259092\\_0\\_0\\_18/rls-DOS-VoterIDupdate-052312.pdf](http://www.portal.state.pa.us/portal/server.pt/gateway/PTARGS_0_8794_06_1259092_0_0_18/rls-DOS-VoterIDupdate-052312.pdf))

Simplified process for PA voters with expired Driver's Licenses, to obtain a Non-driver's License Photo ID (see [http://www.portal.state.pa.us/portal/server.pt/gateway/PTARGS\\_0\\_8794\\_06\\_1236334\\_0\\_0\\_18/rls-DOS-VoterID-revised-041812.pdf](http://www.portal.state.pa.us/portal/server.pt/gateway/PTARGS_0_8794_06_1236334_0_0_18/rls-DOS-VoterID-revised-041812.pdf))

## Advocacy Alert - Act Now to Prevent Federal Cuts to Mental Health Services and Research!

On January 2, 2013, through a process known as "sequestration," cuts of 8.4% are scheduled to wipe millions from research funded by the National Institute of Mental Health (NIMH), services funded by the Substance Abuse and Mental Health Administration (SAMHSA), housing funded by the Department of Housing and Urban Development (HUD), and education for youth with disabilities

funded by the U.S. Department of Education.

Congress has the authority to act before January 2nd to prevent these draconian cuts. Your voices and letters are urgently needed to convince U.S. Senators and Representatives that cuts of this magnitude would harm children and adults living with mental illness.

Send a letter to your U.S. Senators and Representatives using NAMI's Legislative Action Center.

Find more detailed information about sequestration from the Coalition for Health Funding.

Thank you for your advocacy. Together, we make a difference!

## Deal may reinstate Pennsylvania residents dropped from Medicaid

*By Aubrey Whelan  
Inquirer Staff Writer*

More than 100,000 Pennsylvanians who lost Medicaid benefits last year can reapply within the next 30 days, thanks to a settlement between a Philadelphia legal team and the state Department of Public Welfare.

Applicants who lost their benefits last year and incurred medical bills could see those bills resolved if the state determines they were eligible for Medicaid all along.

Last year, DPW identified about 385,000 households that were overdue for redetermination - in other words, the agency needed to check whether those recipients were still eligible for Medicaid.

Between August 2011 and January 2012, about 130,000 people - including 89,000 children - were dropped from Medicaid rolls, leading some advocacy groups to cry foul, saying those numbers were unusually high.

"We thought a lot of people were losing eligibility because they allegedly had not sent in the correct documentation," said Richard Weishaupt, a senior attorney with Community Legal Services, the Philadelphia nonprofit that provides legal assistance to low-income residents. "We thought that was unusual, since most of these people had

figured out how to get on and had submitted documentation."

In July, the Obama administration stepped in, sending a letter asking DPW whether the state had determined if anyone had been wrongfully struck from the rolls.

In the meantime, Weishaupt's group and attorneys from the Philadelphia law firm Morgan, Lewis & Bockius spent about five months negotiating with DPW. Initially, they had threatened a lawsuit over the re-determinations. But they announced Tuesday night that they had reached an agreement with DPW.

The agreement stipulates that a new letter - on distinctive blue paper - will be sent out to about 100,000 Pennsylvanians previously found ineligible for Medicaid, informing them of their right to appeal.

Some could have their medical bills resolved if they were billed or paid for coverage while they were off Medicaid, according to a release from the legal team.

Letters will be sent to residents who lost benefits between July 1, 2011, and Jan. 31, 2012, Weishaupt said. They have 30 days to fill out an appeal form.

A DPW spokeswoman said Medicaid recipients found

ineligible for benefits have always had the opportunity to appeal their cases.

"We will send out letters to those specific individuals telling them they can appeal anytime through DPW," said Carey Miller. She said the agency was doing due diligence to ensure that those receiving Medicaid benefits really need them. Weishaupt said DPW had told the legal team it would appoint a special unit to work solely on processing the re-applications. "I think they want to do the right thing, and they know we're going to be monitoring it. They're going to give us numbers as to how all of this shakes out, as to what the response rate is," he said.

DPW also agreed to try to use online databases to check household incomes, which help determine Medicaid eligibility. Weishaupt said DPW has not offered answers on why cases became so backlogged - or why so many people were struck from Medicaid rolls - but he said his team was focused on getting people back into the program when it worked out the agreement with DPW.

"Rather than focus on who was right and who was wrong," he said, "we decided to do this and find a way to reinstate people who everybody agrees shouldn't have been cut off."



## Bucks County CIT Taskforce

The Bucks County CIT Taskforce continues to work toward our goal of having 20% of Bucks County Law Enforcement Officers trained in CIT. To accomplish this goal, the taskforce has moved into the upper part of Bucks County. In the next class, a significant portion of the participants are from the upper part of the county.

We have also added Officer Rodney Blake, from Pennridge Regional Police Department to our taskforce. Officer Blake was trained in an earlier CIT class and is representing the upper county officers on the taskforce.

There have been several incidents in the media recently concerning individuals with mental illness and law enforcement. The stories that you have not heard come from

right here in our own Bucks County communities and are full of hope for the future:

- An officer responds to a man who is reportedly holding a gun to his head. The CIT is able to talk the man into putting the gun down and exit the home. The officer spends time talking to the man about his multiple stressors and crushing depression. The man voluntarily goes with the officer to the crisis center and his hospitalized.
- Another officer responds to a man who is described as suicidal. The officer is able to talk with the man and convince him to go to the crisis center for an assessment. The man is hospitalized and after the hospitalization writes the officer a note. In the note he

thanks the officer for saving his life and getting him the help that he needed.

These are just two of the many successes we have had in the last few months. We are looking forward to our next CIT class in November and know that with it; more good things will come to the residents of Bucks County who are in need of behavioral health services.

From the Taskforce to the NAMI community, thank you for your ongoing support of our efforts.  
Taskforce Co-Chairs  
Sergeant Andrew Aninsman,  
Bensalem Police Department  
Sharon Curran, Lenape Valley Foundation

## College Plus Open House

The College Plus Initiative Offers Bucks County residents with mental illness or a co-occurring disorder the opportunity for advanced education. We provide assistance in obtaining finances, establishing career goals and lending peer support on individual and group levels. Through peer support offered by College Plus, students will experience hope, perseverance, increased self-esteem, and reduced fear; thereby meeting career/educational goals

and strengthening overall well-being. College Plus is a stepping stone in helping people go to college and/or pursue other educational opportunities.  
November 13, 2012 from 1:00 – 3:00 P.M.  
Voice and Vision  
600 Louis Drive, Suite 106  
Warminster, PA 18974  
Please RSVP by Friday, November 9, 2012 at 215-442-1599 or 800-734-5665. Email: [collegeplus@voiceandvision.org](mailto:collegeplus@voiceandvision.org)







## NAMI-CAN Kids Corner

### MY LIFE TOO

The NAMI CAN support group has been discontinued. In its place NAMI is partnering with Magellan, Bucks County Life, and Child and Family Focus to offer a parent support group for parents or caregivers of youth involved in the My Life Program and

any parent or caregiver needing support.

MY LIFE TOO is a group providing support, education and resources for parents, caregivers and other adult supporters of all youth and those who have experience with mental health,

developmental disabilities, substance abuse, foster care or juvenile justice issues. Meetings will be scheduled concurrently with the MyLife BUCKS meetings. For more information, please call 1-866-399-NAMI(6264), or email [info@namibuckspa.org](mailto:info@namibuckspa.org)

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## Many Teens Considering Suicide Do Not Receive Specialized Mental Health Care

*NIMH Science Update • October 12, 2012*  
Most adolescents who are considering suicide or who have attempted suicide do not receive specialized mental health services, according to an analysis published online August 15, 2012, in *Psychiatric Services*, a journal of the American Psychiatric Association.

### Background

National survey data from the Centers for Disease Control and Prevention (CDC) notes that approximately 14 percent of high school students seriously consider suicide each year, 11 percent have a suicide plan, and 6 percent attempt suicide. Other research has suggested that less than half of teens who attempt suicide received mental health services in the year prior to their attempt. Kathleen Merikangas, Ph.D., of NIMH and colleagues analyzed data from the National Comorbidity Survey-Adolescent Supplement (NCS-A), a nationally representative, face-to-face survey of more than 10,000 teens ages 13 to 18. They asked teens

whether they had any suicidal thoughts, plans, or actions (ideation) over a one-year period prior to the survey. They also completed a structured diagnostic interview regarding the full range of mental disorders including mood, anxiety, eating and anxiety disorders and whether they had received treatment for emotional or behavioral problems in the past 12 months. Respondents were asked to differentiate between receiving care from a mental health specialist such as a social worker, psychiatrist or other mental health professional, and receiving care from a general service provider, such as a primary care physician.

### Results of the study

The survey revealed that, within the past year, 3.6 percent of adolescents had suicidal thoughts, but did not make a specific plan or suicide attempt. In addition, 0.6 percent reported having a plan, and 1.9 percent reported having made a suicide attempt within the past year.

Suicidal behavior among youth was not only associated with major depression, but also with a range of other mental health problems including eating, anxiety, substance use and behavior disorders, as well as physical health problems. Between 50 and 75 percent of those teens who reported having suicidal ideation had recent contact with a service provider. However, most only had three or fewer visits, suggesting that treatment tends to be terminated prematurely. Moreover, most teens with suicidal ideation did not receive specialized mental health care.

### Significance

The results of this study suggest that depression and other mood disorders are not the only pathways to suicide. They also highlight the importance of integrating risk assessment for suicide into routine physical and mental health care for teens. Even if adolescents are in treatment, they should continue to be monitored for suicidal ideation and behaviors, the researchers concluded.

## Ending the Silence



NAMI PA of Bucks County is proud to introduce “**Ending The Silence**”; a program especially designed for high school audiences and typically presented in the freshman/sophomore health classes during the mental health portion of the curriculum. This program was developed by Dupage County Illinois, NAMI.

This **interactive** program which provides **key resource materials** for students, seeks to inform them about the basic signs and symptoms of mental illnesses and **reduce the stigma** through personal stories.

The **informational and interactive power point** is the first part of the presentation and the **personal story** is the second. The last few minutes of the class are for **evaluation and Q & A**. “Mood Pencils” are used as incentive for students to ask questions. These change color with the heat from your hand and have the NAMI PA, Bucks County contact information on them. The students also get a brochure from SAMHSA, Substance Abuse and Mental Health Services Administration, “What a Difference a Friend Makes”.

There have been students who have seen the presentation and directed their parents to our Parent Support Group and Parent Education Class. With **Ending the Silence**, we have a great educational tool for students. Evaluations have been overwhelmingly positive with student comments like the following, after one high school presentation.

*“Thank you so much for coming and talking with us about mental health and disorders. I have suffered from depression, I’m still recovering but I’m a lot better now and your stories really connected to my life. A lot of my friends and people I am close to suffer from depression or have suffered from depression and/or suicidal thoughts; this topic hits really close to home for me. Talking about ways you can support friends and others with this issue could be really beneficial because this issue is so prominent and so common today. Thank you again, sharing your stories with people, especially teenagers, can be hard but I am really glad you did. Thank you thank you thank you.”*

This program will begin in January. We hope to visit the health classes in all districts in Bucks County. Please encourage your district to participate.

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## Youth Connections Leadership Council

Youth Connections are looking for youth. The Youth Leadership Council works on Systems Advocacy by discussing the challenges faced by youth in Bucks County. They work to find viable solutions and enact change. Organize activities for young adults in Bucks County.

Upcoming meetings: November 6 and December 4, 2012 from 5:30 PM – 7:30 PM at Voice and Vision, Inc., 600 Louis Drive, Suite 106, Warminster, PA. If you are interested, please call Emily at 1-800-734-5665 to RSVP or with any questions about the Youth Connections Leadership Council

## Coming Events / Dates to Remember:

<p><b>TEMPORARILY SUSPENDED</b> <b>Doylestown, PA</b></p>	<p><b>NAMI FAMILY SUPPORT GROUP</b> Doylestown Mennonite Church 590 N. Broad St. Doylestown, PA 18901 <b>Registration is required. 215-262-3220</b></p>
<p>November 5 &amp; 19, 2012 December 3 &amp; 17, 2012 January 7 &amp; 21, 2013 1<sup>ST</sup> &amp; 3<sup>rd</sup> Monday 7:30 - 9:00 pm <b>Newtown, PA</b></p>	<p><b>NAMI Family-to-Family Support Group Meeting - Lower Bucks –</b> Crossing Community Church 80 Silver Lake Rd., Newtown, PA 18940 For more information, please call 1-866-399-NAMI(6264).</p>
<p>November 15, 2012 7:30 pm <b>Abington Health Center, Warminster Campus (Formerly Warminster Hospital)</b></p>	<p><b>NAMI Bucks Forum</b> Abington Memorial Health Center, Warminster Campus (Formerly Warminster Hospital) Main Conference Room (Ground Floor) 225 Newtown Rd., Warminster, PA 18974 <b>Topic: Victimization of People with Disabilities</b> <b>Speaker: Eleanor Wilhelm from NOVA, Network of Victims Assistance</b></p>
<p>November 15 &amp; December 13, 2012 5:45 pm <b>Warminster, PA</b></p>	<p><b>MY LIFE TOO– Parent Supporters Group</b> United Church of Christ 785 West Street Rd., Warminster, PA 18974 For more information, please call Debbie @ 1-866-399-6264(NAMI) <a href="mailto:info@namibuckspa.org">info@namibuckspa.org</a></p>
<p>November 15 &amp; December 13, 2012 5:30 pm <b>Warminster, PA</b></p>	<p><b>MY LIFE – Magellan Youth Leadership Inspiring Future Empowerment</b> United Church of Christ 785 West Street Rd., Warminster, PA 18974 For more information, please call Stephanie Lucas at 215-504-3900 Ext. 63854 or <a href="mailto:slucas@magellanhealth.com">slucas@magellanhealth.com</a> <a href="http://www.facebook.com/MYLIFEyouth">www.facebook.com/MYLIFEyouth</a></p>
<p>November 6 &amp; 20, December 4 &amp; 18, 2012, January 15, 2013 <b>Voice &amp; Vision</b> <b>Warminster, PA 18974</b></p>	<p><b>NAMI Connection Recovery Support Group</b> Support group for adults with mental illness, regardless of diagnosis. Voice and Vision Office at 600 Louis Drive, Suite 106, Warminster, PA 18974. 1-866-NAMI(6264).</p>





PA, Bucks County

Bucks County Chapter  
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If we don't already have your e-mail address, or if your address has changed, please contact Debbie Moritz at [info@namibuckspa.org](mailto:info@namibuckspa.org) and she will add you to our list. Each week, we e-mail time-sensitive information and late-breaking news.

**We're on the Web**

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