

Our Mission

To improve the lives of the citizens of Bucks County who suffer from a serious mental illness or, as family members and caregivers, share the burden of these devastating illnesses.

Our mission is accomplished through programs designed to **support, educate** and **advocate** for individuals with a mental illness and their family members. We strive to educate the public about the true nature of mental illnesses and combat the stigma and discrimination often faced by people with these serious brain disorders.

Our programs educate individuals with mental illness to better understand their illness, stressors, and how to live in recovery. We help families to understand and be supportive of loved ones with mental illness. We also advocate for training of teachers, law enforcement, and first responders to recognize and respond appropriately to individuals with mental illness.

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An Overview of the Involuntary Commitment Procedure and Discussion of the Delivery of Crisis Services in Bucks County

With

**Tony Sevick,
Bucks County Department of MH/DP**

Thursday, April 21, 2011 at 7:30 P.M.

Please join us for our April 21, 2011 General Meeting. Our speaker will be Tony Sevick, Director of Clinical Services and QM, Bucks County Department of MH/DP and Chair of the Bucks County CIT Task Force. Tony will discuss the mental health involuntary commitment process for the County of Bucks. In addition he will lead a discussion related to the crisis resources located throughout the county and how this service can potentially be improved upon.

**Abington Memorial Health Center, Warminster Campus
(Formerly Warminster Hospital)
Main Conference Room (Ground Floor)
225 Newtown Rd., Warminster, PA 18974
Call 1-866-399-NAMI (6264) for further information**

Special Membership Meeting Agenda Board Member Election April 21, 2011



We are pleased to have four NAMI Members up for election to the NAMI Bucks County's Board of Directors, for a three year term. Dr. David Abel, Tom Tantillo, Joyce Harding and Carol Saunders. At the beginning of our meeting, we will have an election for these candidates. A majority vote of the General Membership present and whose dues payments are current, is required for approval. Please note, our speaker will immediately follow the election.



**NAMI of PA,
Bucks County Chapter**

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Debbie Moritz

Board of Directors:
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Kathleen Campbell
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P.O. Box 355
Warrington, PA 18976-0355
Phone: 215-442-5637
Fax: 215-442-5638
Help Line: 1-866-399-6264
9:00 A.M. – 9:00 P.M.
E-mail **NEW:**
info@namibuckspa.org
Web Site **NEW:**
www.namibuckspa.org

**NAMI Bucks County
Newsletter**

Letters, News Articles, and
Announcements are welcome --
Deadline for articles for our Summer
2011 issue is May 3, 2011
Send to above address or by e-mail to
info@namibuckspa.org



Announcements

NAMI of Bucks County is part of United Way Donor Choice Program

Donors can designate a gift to NAMI of Bucks County via a Donor Choice during United Way's Annual Campaign. **Our organization code is #14632** and is only valid for the United Way of Southeastern Pennsylvania. **PLEASE NOTE: BE SURE TO USE THIS NUMBER IF YOU WANT YOUR DONATION TO BENEFIT THE NAMI BUCKS COUNTY, PA CHAPTER.**

Designate NAMI Bucks to Receive Donations through EBAY Giving Works

Sellers on EBAY can now designate all or a portion of the proceeds from an EBAY sale to benefit NAMI of Bucks County. When listing your item, go to the [Sell Your Item form](#) on EBAY. In the "Pictures & Details" section, click the "Add" link in the area titled "Donate percentage of sale." Choose your organization "NAMI of PA, Bucks County Chapter" to receive the proceeds or a portion of the proceeds.

WE TAKE CREDIT CARDS Renew your Membership or Make a Donation to NAMI of Bucks County

You can become a new member, renew your current membership and/or make a donation to NAMI with your credit card, through the mail, or telephone. Visit our website at www.namibucks.org for details or call Debbie at 1-866-399-NAMI (6264) for an application.

NOTE: Since renewals are handled on a quarterly basis, you will be notified when your current membership is due to expire. Please do not renew your membership until you receive notice. If paying by check, we would appreciate if you would note in the memo section of your check whether it is a donation, membership renewal or both. We appreciate your help.

Bucks County Caring Neighbor Sponsored by Lenape Valley Foundation

All people have dreams, Some dream of money, Some dream of power, Some dream of fame and fortune. However, the biggest dream for many is friendship! You can make that dream come true! You can make a difference today in the life of an individual with mental illness. Please help brighten someone's life today. Please call 215-957-2204 for information.

Thank You for Your Contribution

We want to thank the following who have been so generous:

\$1 to \$25

Jay Clipp
 Ronald Cole
 Velia Dean
 Sam & Saro Ilangovan
 Planned Giving Council of Greater
 Philadelphia in Honor of Sonya
 Aronowitz
 Geraldine Ortlip

\$1 to \$25 (Cont'd)

Monica Meier
 Jessica Watson
 Claire Wilson

\$51 to \$100 (Cont'd)

Marie Slovic
 C/O United Way
 Sharon & Park Furlong

\$26 to \$50

Carol Walsh

\$101 to \$500

Karen Capie
 Anonymous

\$51 to \$100

Joan Calhoun
 C/O United Way

Your continuing contributions are important in sustaining our advocacy. NAMI welcomes and appreciates any amount that people can afford. Keep in mind when making your donation that many companies will match employee gifts. If you have not already contributed, please do so by sending your tax deductible donation to: NAMI of Bucks County, P.O. Box 355, Warrington, PA 18976-0355



NEW LOCATION

NAMI Connection Recovery Support Groups are open to all adults with mental illness, regardless of diagnosis. NAMI Connection Groups offer a casual and relaxed approach to sharing the challenges and successes of coping with mental illness.

Each group:

- Meets bi-weekly for 90 minutes

- Is offered free of charge
- Follows a flexible structure without an educational format
- Does not recommend or endorse any medications or other medical therapies

PLEASE NOTE SCHEDULE and LOCATION CHANGES:

Connection Groups meet the first and third Monday evenings at 6:30 at the

Doylestown Mennonite Church, 590 North Broad Street, Doylestown, PA 18901 and the second and fourth Wednesday evenings at 6:30 at the **Penndel Mental Health Center at 1517 Durham Rd., Penndel, PA 19047**. For more information, please call 1-866-399-NAMI(6264).



The Fourth Annual Greater Philadelphia NAMI Walks Changing Minds... One Step at a Time!, a fundraising and awareness-raising event, is scheduled for Saturday, May 22, 2011 at Montgomery County Community College in Blue Bell. You have the option of forming a Walk team, signing up to walk with an existing Walk team, or signing up to walk as an individual walker. **The Greater Philadelphia NAMI Affiliates** are comprised of the following counties who work to

further the national organization's goals in our region: NAMI PA-Bucks County; NAMI PA-Delaware County; NAMI PA-Philadelphia, Mainline and NAMI PA-Montgomery County.

Our Chapter's team, "NAMI Bucks for Brains", is already registered online and anyone may join this team or form your own family or organization team.

If you are interested in participating in some way, either by joining a team, forming your own and/or volunteering, please call 1-866-

399-NAMI(6264). If you would like to donate, please send a check made payable to Greater Philadelphia NAMI Walks to PO Box 355, Warrington, PA 18976-0355 or go online and support our team or an individual walker on the Walks Website— www.namibucks.org – click on NAMI Walks in the table of contents. We raised more than \$11,000 last year and hope to raise even more this year. No transportation will be provided to the walk, however, car pool opportunities may be available.

Give us your Poems, Stories, Anecdotes, Articles

We'd like to include your poems, personal stories, anecdotes and articles in the Chapter Newsletter. Send them to: NAMI of Bucks County, P.O. Box 355, Warrington, PA 18976-0355 or send by e-mail to info@namibuckspa.org

Why Did God Give Me a Mental Illness?

Reprinted from CHABAD.org

By Aron Moss

Question:

Can you tell me why God gave me a mental illness? Why has he made me suffer? I am not a bad person.

Answer:

Every soul journeys down into this world with two suitcases. One is full of the challenges the soul has to face during its lifetime. The other is full of the talents and strengths necessary to withstand those challenges. The first suitcase is opened for you; the second you have to open yourself.

Your soul's challenge is mental illness. Your mission is to use your talents to turn the pain and frustration into a positive force.

Because of your openness and willingness to share your experiences, you can be an inspiration to others who have mental illnesses. You can bring hope and light to those who are not as strong as you, by showing them just how much they can achieve if they focus on their abilities.

You can also bring understanding and insight to those who have not themselves experienced the pain of mental illness. I for one have learnt an invaluable lesson from speaking to you.

Do you remember our conversation, when I asked you what was the hardest thing about having a mental illness? You said it was the silence; when people discover that you suffer from mental illness, they don't know what to say, and the conversation comes to an abrupt and awkward end.

So I asked you. What would you like them to say? Your answer amazed me. You said "I wish they would ask me questions about my illness. I wish they would show an interest to understand what I am going through. I wish they would give me the chance to share what I am experiencing, rather than let me suffer alone.

I'm sure not everyone is as willing to talk as you are, but I suspect that for many the stigma of mental illness hurts more than anything else. Thanks you for letting me see it from your perspective. I promise to pass on the lesson.

God has presented your soul with a challenge, but He has also given you a bright and warm personality, and a strength of character that can stand up to the challenges you face. This is a gift that I hope you will share with the world.



Volunteers Needed

NAMI Bucks is always looking for Volunteers to help in many capacities. We need help with the

Newsletter, Mailings,
Transcription, Fundraising,
Publicity, Outreach The NAMI

Walk. If you can help in any of these areas, please call the office at 215-442-5637.

Assisted Outpatient Treatment (AOT) Legislation

NAMI of Bucks County solicited feedback from our membership through written correspondence on March 1, 2011 and through email on March 4, 2011 for their views on HB 58/SB 115 and to hear personal stories on how this proposed legislation would help or hurt them, their loved ones and their clients. All responses we received were in support of the legislation.

The NAMI PA Bucks County Board of Directors are unanimous in our support of HB 58/SB 115. Below is our resolution of support.

**NAMI PA, Bucks County
Resolution of Support
For PA Senate Bill SB 115 and
House Bill 58**

NAMI PA, Bucks County Chapter is proud to have within its ranks individuals with severe mental illness, family members, and mental health providers, all working together to ensure the health and welfare of individuals with severe mental illness and their families.

We at NAMI PA, Bucks County support the right of all people to make informed decisions about their medical treatment and care. However, we are aware that some

brain disorders, such as schizophrenia, schizoaffective disorder and bipolar disorder can result in anosognosia, so the affected individual is unaware of his or her severe illness and need for medical treatment.

The current civil commitment law, the Mental Health Procedures Act of 1976, provides for court-ordered involuntary inpatient and outpatient treatment for individuals with mental illness who are a “clear and present danger” to themselves or others. Because the standard for inpatient and outpatient treatment is the same and extremely high, court ordered outpatient treatment is rarely used and not available for many individuals who would benefit and who, in the absence of court-ordered treatment, often end up criminalized, homeless, victimized or, in some cases even dying due to an inability to care for their own basic needs.

SB115 and HB58 would modify the court-ordered outpatient treatment standards so that individuals with severe and untreated mental illness, who have a history of noncompliance that has resulted in repeated hospitalizations, incarceration or violence in the past and is “likely to pose a clear and present danger of harm to self or others” in the

future can receive court-ordered assisted outpatient treatment (AOT). Each individual would have the right to due process and other protections before being ordered into treatment, and each individual receiving AOT would be encouraged to participate in the formation of an individualized treatment plan.

Research shows that court-ordered AOT results in reduced hospitalizations and arrests and more effective treatment without negative recipient perceptions of their treatment. AOT provides a less restrictive, less costly, and more beneficial treatment alternative to involuntary inpatient treatment.

By unanimous resolution the NAMI PA, Bucks County Board of Directors supports SB115 and HB58. These bills would provide a caring and meaningful way for certain individuals with persistent and severe mental illness who suffer from anosognosia to get the treatment they need to prevent harm and begin to move toward recovery.

If you would like more information on these bills, please contact our office at 1-866-399-NAMI(6264).

What is a 302 and what are the grounds for a 302 commitment?

Bucks County Individual and Family Recovery/Resiliency Handbook

A 302 is an involuntary commitment to a Mental Health facility for treatment. A 302 requires a statement (petition) from an individual who has first-hand knowledge of an individual's at risk behavior. The petition must describe one or more of the four behaviors. There are three types of petitions. A lay person who has first-hand knowledge of at risk behavior, a police petition or a two doctor petition. If a person is in crisis and is not able to agree to go to the hospital voluntarily and he/she poses a risk to his/herself or someone else, a 302 petition can be filed with a local crisis center to be reviewed and/or evaluated for approval of inpatient care in order to stabilize symptoms which are causing at risk behaviors. If the petition meets criteria and the petition is approved, a warrant time will be given by the County delegate to have the local police department and/or ambulance transport to the nearest hospital for a psychiatric evaluation. It is up to the evaluating doctor to uphold the petition based on his/her examination. If the petition is upheld by the evaluating doctor, the person is placed on an inpatient MH unit in order to stabilize symptoms and decrease at risk behaviors. The MH laws require that a person is treated in the least restrictive environment. Once a person does not show at risk behavior, it will be up to the attending psychiatrist to either allow the person to sign a 201 (voluntary) and remain in the hospital for treatment, discharge the individual or if the individual continues to need treatment, the

psychiatrist will follow-up with a 303 hearing to determine length of stay for continued inpatient care and/or the least restrictive option for either a Partial Hospital commitment or Outpatient commitment for the remaining days of the 303 commitment.

Grounds for a 302

Commitment: *Within the past 30 days the person has:*

- Inflicted or attempted to inflict serious harm on another and that there is reasonable probability that such conduct will be repeated or has made threats of harm and has committed acts of furtherance of that threat.
- Been unable to care for him/herself with a reasonable probability that death, serious bodily injury or serious physical debilitation would ensue within 30 days unless treatment is given.
- Attempted or threatened suicide and committed acts of furtherance of the threat.
- Substantially mutilated or attempted to mutilate him/herself or threatened self-mutilation and committed acts of furtherance of the threat.

Who is the County Mental Health Delegate? Section 302 determinations rests with the Bucks County Mental Health Administrator. The Administrator can delegate responsibility to individuals who acts on his/her behalf. Currently, Bucks County has four Delegates who act on behalf of the Bucks County Mental Health Administrator. The Delegates review criteria as presented by the crisis worker at various locations in Bucks County. The Delegate must adhere to the Mental Health Procedures Act with regard to

behavior which meets criteria for involuntary admission. Delegates either approve or deny a petition. If a petition is approved, a warrant time is given.

What is a warrant? A warrant is authorization for a police officer to take an individual to the nearest facility for a psychiatric evaluation. There are times when an ambulance is necessary to transport an individual to the hospital. A warrant is not affiliated with civil proceedings and does not involve criminal charges or arrest.

What length of time will I be hospitalized with an involuntary commitment? An involuntary commitment under a 302 admission provides admission not to exceed 120 hours. If extended admission is needed under a 303, an individual (inpatient or outpatient) provides treatment for up to 20 days. If an individual requires extended treatment, involuntary treatment (inpatient or outpatient) may be ordered for up to 90 days. A 305 provides for treatment up to 180 days.

What rights do I have for representation when it involves an involuntary treatment? An individual has access to the Public Defender to provide representation at no cost to the individual at mental health hearings. Private attorneys may also be retained at the individual's expense.

Can I waive my right to a hearing? Yes, under the MH Act, an individual has the right to agree to or to stipulate to an extension of his/her treatment. Stipulation means that the individual and his/her attorney agree with the mental health facility that an ongoing treatment is warranted.

Can Omega-3 Supplements Prevent Schizophrenia?

*By Brendan McLean
NAMI Communications Assistant*

Providing treatment and support in the prodromal phases of schizophrenia has been effective in producing more positive results for individuals living with schizophrenia. In attempts to delay and even prevent the onset of schizophrenia, attention has been given to individuals meeting criteria considered to have a high-risk for developing psychosis.

Neuroanatomical changes, which have been observed in individuals identified as high risk, point to the possibility of intervention before a psychotic disorder becomes manifested. By addressing individuals before the full expression of schizophrenia, optimistic outcomes are even more readily achievable.

Antipsychotic medication has been used as a method of prevention and has proved effective. However, utilizing antipsychotics remains controversial because between 70 and 80 percent who are considered high-risk do not develop a psychotic disorder within a year. Because antipsychotics have been shown to have a variety of adverse side effects, many believe they should not be administered unless necessary (i.e., after a psychotic disorder has been diagnosed).

Consequently, researchers have searched for a method that would not expose individuals to the side-effects of antipsychotics if

possible. In a recent study, researchers found that long-chain ω -3 (omega 3) polyunsaturated fatty acids (PUFAs) could be administering as a preventive measure to **reduce the risk of a psychotic disorder from emerging**. While 27.5 percent of individuals given a placebo experienced further development of their psychosis only 4.9 percent of participants who were given Omega-3 supplements saw their condition worsen.

Omega-3 fatty acids are what are known as essential fatty acids, or EFAs. EFAs are recognized as **fundamental to normal brain functioning**. They are thought to aid brain functioning in three possible ways: the assimilation of EFAs into brain cell membranes, EFA-induced alteration of neurotransmission and EFA caused reduction of oxidative stress. In separate studies, low levels of all three of these have been implicated in cases of schizophrenia.

Previous research has already shown that using Omega-3 PUFAs is efficacious as an **add-on to treatment** in reducing both the positive and negative symptoms of schizophrenia, as well as lowering levels of dyskinesia, a movement disorder that is sometimes a side-effect of antipsychotics.

Ethyl-eicosapentaenoic acid (E-EPA) is one of the fatty acids found in Omega-3 that has been looked at more closely. Findings show that E-EPA might provide

an increase in the antioxidant glutathione, which correlates with a **reduction of oxidative stress** in the hippocampus and lessened negative symptoms. Treatment seems to prevent further psychotic development by preventing further hippocampal damage. This once again points to the importance of early treatment and preemptive intervention if possible.

Apart from some people experiencing occasional nausea, Omega-3 supplements are free of adverse effects. Therefore, the low risk, as well as low cost, make them an attractive option as a complement to treatment of chronic schizophrenia and an option to either delay or possibly prevent the further development of psychosis.

What appears to be most significant is that even if intervention is only a temporary measure, the benefits last long after treatment has stopped. Although the effects of Omega-3 were substantial, the sample size was small and further studies need to be conducted.

Although the underlying mechanisms of how Omega-3 works are not fully understood, their well-tolerability and benefits to not only schizophrenia but other mental illnesses and cardiovascular health as well, mean those who are at a high-risk for psychotic disorder or heart health should contact their doctor for more information about Omega-3.



NAMI-CAN

Kids Corner

NAMI-CAN Support Group

NAMI-CAN (Children and Adolescent Network) is a support group for parents and/or caregivers of children with a mental illness. NAMI-CAN meets at the Voice & Vision office, 600 Louis Dr., Suite 106, Warminster, PA. The meetings are held on the fourth Thursday of the month. For directions or more information, please call toll free at 1-866-399-NAMI(6264).



NAMI Basics Education Program

NAMI Basics began in Bucks County in March. The response to the class was overwhelming and we have added another class to the schedule. NAMI Basics teaches *the fundamentals of caring for you, your family and your child with mental illness*

NAMI Basics is the new signature education program for parents and other caregivers of children and adolescents living with mental illnesses. Development of this program was based on the success of other NAMI signature education programs for consumers and families available across the country. NAMI drew on course elements which have been extensively tested and found to be highly effective in the field. These elements include:

- recognition of mental illness as a continuing traumatic event for the child and the family;
- sensitivity to the subjective emotional issues faced by family caregivers and well children in the family;

- recognition of the need to help ameliorate the day-to-day objective burdens of care and management;
- gaining confidence and stamina for what can be a life-long role of family understanding and support; and
- empowerment of family caregivers as effective advocates for their children.

The process of emotional learning and practical insight for families occurs most readily, and dependably, on the guided group process which takes place when individual family members are in a class together. This program will also take advantage of advancing technology which allows programs to virtually connect families and provides broader access to vitally important information.

The NAMI Basics Education Program includes the following components:

Six 2.5 hour classes of instructional material, discussions and interactive exercises which may be delivered as a series of consecutive weekly classes, or on consecutive

Saturdays to accommodate the time constraints faced by families of children and adolescents.

A section of the NAMI website will be dedicated to disseminating information, including informational videos that can be viewed online, and resources for this program and to connecting family program participants.

In addition to the core course of six classes, additional topic modules will be developed for independent presentations for families interested in specific topics, such as transition issues, and advocacy.

The program includes a rigorous evaluation process to both build an evidence base on the effectiveness of the program and also to help ensure that the program continually delivers best practices to meet the unique needs of families.

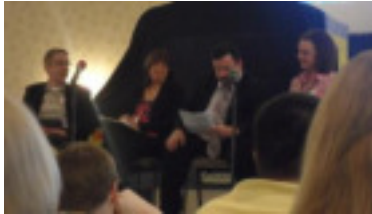
Classes begin April 26, 2011 at 7:00 P.M. at the NAMI office, 600 Louis Dr., Suite 106, Warminster, PA. Prior registration is required.

Seventh Annual Bucks County Youth & Family Resiliency

Bucks County held their seventh Annual Youth & Family Resiliency Conference on Wednesday, March 23, 2011 at the Spring Mill Manor, Ivyland, PA. This year's theme was "Healing and Letting Go of Guilt, Shame and Stigma". The featured speakers were Colleen Coffey and her dad, Henry Coffey who spoke to a packed house of families, parents, professionals and youth.



Colleen Coffey and her father Henry



Family Panel

The conference also featured a Family Panel, a Youth Presentation, a resource expo as well as annual Resiliency Awards.



Youth Presentation



Debbie Moritz at NAMI Table

We are looking forward to next year's event. If you are interested in serving on the planning committee for next year's conference, please call 1-866-399-NAMI. This conference was Sponsored by Bucks County Child Serving Systems, Youth and Families.

Children's Crisis Support

Children's Crisis services are offered in Bucks County through Access Services. They offer telephone and mobile crisis support to children, adolescents and young adults (up to 21 years old), and their family members in Bucks County, PA. A trained crisis support professional will help stabilize the immediate crisis through phone and/or face-to-face contact—and continue to provide support until additional resources can be contacted. Crisis support is available 24 hours a day, 7 days a week at 1-877-HELP-709 (435-7709). Crisis intervention is provided to help children and families cope with immediate situations and direct them toward resolutions and resources that will help them better manage future crises. All services are provided at no charge.

Available services include, but are not limited to:

- Supportive telephone counseling 24 hours a day
- Mobile on-site intervention when needed
- Strategies for reducing crisis
- Referral to other services as needed
- Emergency respite
- Connection to psychiatric evaluations

The program helps children and families break the cycle of crisis and learn strategies to manage better over time.

Family Engagement Services

The Children's Crisis Support program also offers Family Engagement Services at no charge during and after a hospitalization. Family Engagement Services can begin immediately upon a child's admission to a hospital for

treatment. The services are comprehensive and focus on crisis planning and support while the child is still in the hospital. At the point of hospitalization the program will:

- Work to help families resolve the presenting crisis and begin developing ways for managing crises differently in the future to lower the chances of readmission.
- Offer immediate crisis and interim support that could result in the child being discharged more quickly—including respite, telephone and in-home crisis support, and planning.
- Help children and families manage the transition from hospital to home.

For more information on Children's Crisis Support or other Access Services programs visit www.accessservices.org. 1-877-HELP-709



NAMI Walks
National Alliance on Mental Illness



Sunday, May 22, 2011

Location: Montgomery County Community College

340 DeKalb Pike Blue Bell, PA

Check-in 8:00am Walk 10:00am

NAMI WELCOMES EVERYONE TO WALK WITH US!

NO REGISTRATION FEE

FOR MORE INFORMATION ABOUT THIS WALK

PLEASE CONTACT OUR WALK MANAGER

NEEN DAVIS at neendave@aol.com

FOR INFORMATION ABOUT SPONSORING THIS WALK

PLEASE CONTACT CAROL CARUSO at ccaruso@nami.org

Bounce House, Karate
Demonstration,
Costumed Characters,
Fire Truck
Demonstrations and
Tours

B 101, Chair Massages,
Music by Elle, Zumba
Demonstration and
Lessons

Walk In Place
Section,
Information Tables
and much, much
more!

Gold Sponsor



Silver Sponsor




Start / Finish Line Sponsors




Supporter Sponsors







Supporters



Coming Events / Dates to Remember:

1 ST & 3 rd Mondays 7:30-9:00 PM Newtown, PA	NAMI Family-to-Family <u>Support</u> Group Meeting - Lower Bucks – Crossing Community Church 80 Silver Lake Rd., Newtown, PA 18940 For more information please call 1-866-399-NAMI(6264).
2 nd & 4 th Thursday 7:00-8:30 P.M. 56 East Oakland Avenue, Doylestown, PA 18901	Family Support Group The support group is free to NAMI members and \$15.00 per meeting for non-members. For more information, please contact Nick Weingarten at 215-262-3220
1 st & 3 rd Mondays 6:30–8:30 PM Doylestown Mennonite Church	NAMI-Connection Support Group Peer support group for people with a mental illness. Doylestown Mennonite Church, 590 North Broad Street, Doylestown, PA 18901 For more information call 1-866-399-NAMI (6264)
2 nd & 4 th Wednesdays 6:30–8:30 PM NEW LOCATION	NAMI-Connection Support Group Peer support group for people with a mental illness. Penndel Mental Health Center 1517 Durham Rd., Penndel, PA 19047 For more information call 1-866-399-NAMI (6264)
April 26, 2011 10:00 A.M. NAMI Office	NAMI Basics Education Program 600 Louis Drive, Suite 106 Warminster, PA 18974 For more information call 1-866-399-NAMI(6264)
April 28, May 26, 2011 7:00 PM Warminster, PA	NAMI-CAN (Children’s and Adolescents Network) Voice & Vision Office Conf. Rm., 600 Louis Drive, Suite 106, Warminster, PA Meets every 4 th Thursday of the month - Call 1-866-399-NAMI (6264) for information.
April 21, 2011 7:30 PM Abington Health Center, Warminster Campus (Formerly Warminster Hospital)	NAMI Bucks General Meeting Abington Memorial Health Center, Warminster Campus (Formerly Warminster Hospital) Main Conference Room (Ground Floor) 225 Newtown Rd., Warminster, PA 18974 The 302 Process in Bucks County Speaker Tony Sevick will discuss the 302 process in Bucks County
April 26, 2011 10:00 A.M. NAMI Office	NAMI Basics Education Program 600 Louis Drive, Suite 106 Warminster, PA 18974 For more information call 1-866-399-NAMI(6264)
May 22, 2011 Check in begins 8:00 A.M. Walk begins 10:00 A.M.	NAMI WALKS Montgomery County Community College 340 DeKalb Pike, Blue Bell, PA 19422
June 16, 2011 7:30 PM Abington Health Center, Warminster Campus (Formerly Warminster Hospital)	NAMI Bucks General Meeting Abington Memorial Health Center, Warminster Campus (Formerly Warminster Hospital) Main Conference Room (Ground Floor) 225 Newtown Rd., Warminster, PA 18974 Topic - TBD





Bucks County Chapter
PO Box 355
Warrington, PA 18976-0355

**LET US HAVE YOUR
E-MAIL ADDRESS**

If we don't already have your e-mail address, or if your address has changed, please contact Debbie Moritz at ***NEW*** e-mail info@namibuckspa.org and she will add you to our list. Each week, we e-mail time-sensitive information and late-breaking news.

We're on the Web – *NEW Site!*

www.namibuckspa.org

Be sure to visit our website regularly for additional articles and updated information

**Chapter Toll-Free Helpline
1-866-399-NAMI (6264)**

GoodSearch (powered by Yahoo) – Help NAMI National (***NAMI, Arlington, VA***) by simply searching the Internet and they will receive a share of the revenue generated by site advertisers. Make **GoodSearch** your default search engine by logging on to website www.goodsearch.com Follow the instructions on how to install the GoodSearch toolbar and home page. Encourage family, friends and business associates to use GoodSearch.