Serving Our Communities Better Together

Year in Review 2020

May 1, 2019 – April 30, 2020
our vision
A Georgia where all affected by mental illness find HOPE, HELP and ACCEPTANCE.

our mission
The mission of NAMI Georgia is to empower affiliates to create communities where all affected by mental illness find hope, help, and acceptance through SUPPORT, EDUCATION and ADVOCACY.
NAMI Georgia’s affiliates serve people throughout the state, connecting them with NAMI Signature programs and other mental health supports in their communities. For the latest news about each affiliate’s accomplishments, visit https://namiga.org/affiliate-news/

<table>
<thead>
<tr>
<th>Affiliate</th>
<th>Number of Members</th>
</tr>
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<tbody>
<tr>
<td>NAMI Albany, GA</td>
<td>40</td>
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<tr>
<td>NAMI Atlanta/Auburn</td>
<td>61</td>
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<tr>
<td>NAMI Augusta</td>
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<tr>
<td>NAMI Baldwin, GA</td>
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<tr>
<td>NAMI Central Georgia</td>
<td>15</td>
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<tr>
<td>NAMI Cobb</td>
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<td>NAMI Columbus (GA)</td>
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<tr>
<td>NAMI DeKalb</td>
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<tr>
<td><em>includes NAMI DeKalb—Henry County and DeKalb—Rockdale-Newton</em></td>
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<tr>
<td>NAMI Forsyth Dawson Lumpkin</td>
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<td>NAMI Golden Isles</td>
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<td>NAMI Gwinnett Inc.</td>
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<td>NAMI Hall County</td>
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<td>NAMI Moultrie</td>
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<td>NAMI Northside Atlanta</td>
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<td>NAMI Rome</td>
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<td>NAMI Savannah Georgia</td>
<td>38</td>
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<tr>
<td>NAMI Statesboro</td>
<td>17</td>
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<tr>
<td>NAMI Union County, GA</td>
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</tbody>
</table>

TOTAL FAMILY AND INDIVIDUAL MEMBERSHIPS
TOTAL ESTIMATED MEMBERS*  
927  
1,300

*Note: NAMI has both individual and family memberships. When all individual members in families are included, the estimated number is 1,300 members.
NAMI By the Numbers
(May 1, 2019 – April 30, 2020)

34,891 Event Participants
*Some people may be counted multiple times due to attending multiple programs

375 Program Leaders Certified in Train the Trainer
(*completed in 10 months prior to COVID-19)

1,323 NAMI Support Groups
(NAMI Family Support Group, NAMI Connection Recovery Support Group)

455 Workforce Development Classes
(Intro to Behavioral Health & Addictive Diseases, Crisis Intervention Training - Youth, MHAT)

88 NAMI GA Education Classes
(NAMI Basics, NAMI Family-to-Family, NAMI Peer-to-Peer, NAMI Homefront, NAMI Smarts for Advocacy, SIGNALS)

18 Affiliates in Georgia

18 NAMI Members

1,705 NAMI Georgia HelpLine Calls
(top reasons were inquiries about mental health treatment, NAMI programs, housing, legal assistance)

461 NAMI Presentations
(NAMI In our Own Voice, NAMI Ending the Silence)

6,471 Volunteer Hours

1,300 NAMI Members

JOIN THE CONVERSATION
www.namiga.org • 770-234-0855 • NAMI Georgia HelpLine 770-408-0625

*Some people may be counted multiple times due to attending multiple programs.
In March and April 2020, NAMI Georgia’s response to COVID-19 included:

- **Ensuring continued support group meetings** — our staff worked with affiliate and group leaders of 110 monthly support groups to hold their meetings virtually. As we continue this effort, NAMI Georgia has also started two new groups due to increasing requests.

- **Hosting weekly webinars on mental health** and resources, with partners including iResearch Atlanta, Dr. Morais Cassell, Chatham County Safety Net’s Prevent Suicide Today initiative, and Georgia State University’s Child Welfare Training Collaborative. Over 950 people attended in March and April.

- Providing **social and emotional support** for affiliate members and program leaders

- Developing **templates and toolkits for program leaders** to use for contacting their program participants

- Collecting feedback on the efficacy of **virtual program delivery**
making an impact on the national level

Three NAMI Georgia members received awards from our national organization:

**Patricia Strode**, a past NAMI Georgia employee for 20 years, was selected by the NAMI Board of Directors as the recipient of the **2020 NAMI Sam Cochran Criminal Justice Award**. This national award honors and recognizes exemplary work to improve the fair and humane treatment of people with mental illness who become involved with the criminal justice system.

**Bill Carruthers**, a NAMI Georgia Board member, was awarded the **2020 NAMI Lionel Aldridge Champions Award**. This is NAMI’s highest peer award, recognizing an individual with a mental illness who demonstrates courage, leadership and service in their work to promote recovery and ensure that all people with mental illness live full lives in their communities.

**Dr. Sarah Vinson**, member of NAMI Georgia’s Board of Directors, was awarded the **2020 NAMI Exemplary Psychiatrist Award**. The Exemplary Psychiatrist Award honors psychiatrists who have made exceptional contributions to improve the lives of people living with mental health conditions.
staff + board

Staff

Adria Bryant, Program Coordinator
Bonnie Hannah, Projects and Affiliates Coordinator
KaCey Venning, Program Manager/Affiliate Relations
Kim H. Jones, Executive Director
Sandy Dean, Helpline Supervisor

Sara Karaga, Senior Program Manager
Susan Butler Allison, Development Manager
Tradae’ Moore, Development Specialist
Yuniko Tonge, Data Coordinator
Yvonne Newman, Finance Manager

Board of Directors

Tami Brown
Behavioral Health Program Manager, Wellcare Health Plans

Bill Carruthers
Director of Peer Workforce Development, Highland Rivers Health

Monique Carter
Executive Director, New Vision Behavioral Health Center

James Chafin III
Senior Judge (Retired), Henry County State Court

Pete Colbenson
Treasurer
Retired, State of Georgia

Fred Cruser
Senior Security Consultant (Retired)

Debra Feagins
President
RN Coordinator, Walton Community Services

Dawn Fletcher
Director of Patient Care Practice, Emory Brain Health Center

Joanna Jungerman
Secretary
Research Health Science Specialist, Atlanta VA Medical Center

Ron Koon
Vice President
Chief of Psychological Services, Georgia Department of Juvenile Justice

Susie Kyle
Past Affiliate President

Diane Marinelli
Past Affiliate President

Darryl Russ
Licensed Professional Counselor, Russ Counseling and Consulting

James Tompkins
Director of Corporate Governance Center, Michael J. Coles College of Business, Kennesaw State University

Dr. Sarah Vinson
Triple Board Certified Child & Adolescent, Adult & Forensic Psychiatrist, Lorio Psych Group

Gary Yandura
Chief, Brookhaven Police Department

Cindy Zeldin
Senior Consultant, Health Management Services
Dear NAMI Georgia Members and Supporters:

As always, thank you for all you do to make NAMI Georgia and its affiliates the great organization it is today. Our fiscal year ending 4/30/20 brought both unprecedented successes and unprecedented challenges with the COVID-19 pandemic. Together, we made great strides in supporting peers and their families. As we do every year, we worked diligently on the top priorities identified by our members in the previous year:

1) **Advocacy** — Working with state legislators to shape public policy regarding mental health

2) **Awareness/Marketing** — Increasing public visibility of NAMI and NAMI Georgia, and therefore mental health, in the state as a whole

3) **Resources** — Creating and providing templates, reference and instructional materials on a range of topics, to empower affiliates and members to create a dynamic impact in their communities. Also included are the management of NAMIWalks fundraisers, providing marketing support to promote affiliate programs, a membership database, and staff support for affiliates

4) **Programming** — Providing NAMI Signature and NAMI Georgia Signature programs - coordinating leader trainings, materials, teacher support, and data

5) **Affiliate Development** — Providing leadership resources and training, and technical assistance

Toward the end of our fiscal year, our members and staff worked together to face the many challenges presented by COVID-19. We made sure that our members and partners were supported at the onset of the pandemic when 110 NAMI support groups were abruptly cancelled along with hundreds of Mental Health Awareness Trainings (MHAT) for educators. NAMI Georgia staff, in partnership with affiliates and program leaders, re-trained facilitators and quickly moved 95 of our support groups to a virtual setting. We are very proud of what they accomplished to keep our programming accessible.

The NAMI Georgia state office and board of directors are honored to be working with our members to realize a Georgia where all affected by mental illnesses find HOPE, HELP, and ACCEPTANCE.

Signed,

Kim H. Jones  
Executive Director

Debra Feagins  
President, Board of Directors
ADVOCACY IN ACTION
Mental Health Day at the Capitol Milestones:
• Largest Mental Health Day at the Capitol attendance in history
• Inaugural partnership with Behavioral Health Services Coalition for creation and distribution of Advocate Training Guide

A WIN FOR MENTAL HEALTH PARITY
As a direct result of comments submitted by NAMI Georgia members, Georgia’s Section 1115 Medicaid Waiver Request will require mental health coverage in state medical plans at the same level as physical health.

GOVERNOR’S COMMISSION ON MENTAL HEALTH INNOVATION AND REFORM
Dr. Sarah Vinson, NAMI Georgia Board of Directors member: Commission Appointee and Chair of the Children’s Subcommittee
Kim Jones, NAMI Georgia Executive Director: Commission Appointee and Hospital and Short-Term Care Subcommittee Member

FUNDING PROTECTION
In the face of 6% budget cuts, coordinated messaging influenced the protection of mental health funding in the 2020 Georgia State Budget.

STRENGTHENING RELATIONSHIPS
Georgia Representative Kevin Tanner, Chair of the Governor’s Commission greeted BOD members, affiliate leaders, staff, and their families as the guest of honor at the NAMI Georgia Board Retreat Reception.

In the spirit of recovery-focused communities, representatives from the Georgia Mental Health Consumer Network presented at the NAMI Georgia Board Retreat.

PARTNERSHIPS
Georgia Mental Health Policy Partnership, Co-Founder; Kim Jones, NAMI Georgia ED, Co-Chair
Behavioral Health Services Coalition, Co-Lead Advocacy Organization

NUMBERS

53 Advocates Trained in NAMI Smarts at NAMI Georgia Prep Session

184 Legislator Meetings Requested by NAMI Georgia members

250 NAMI Georgia Legislative Priority Packets Distributed for Legislators

300+ NAMI Georgia Attendees at BSHC’s Mental Health Day Kick-Off

500 Advocate Guides Distributed for Mental Health Day
programs

REGION 1

5 affiliates
280 memberships
424 Signature Programs
120 MHAT DOE Programs
11 CIT –Y and IBHAD
6,787 people served TOTAL

REGION 2

2 affiliates
55 memberships
88 Signature Programs
97 MHAT DOE Programs
7 CIT –Y and IBHAD
2,841 people served TOTAL

REGION 3

4 affiliates
396 memberships
886 Signature Programs
47 MHAT DOE Programs
19 CIT – Y and IBHAD
10,535 people served TOTAL

REGION 4

2 affiliates
63 memberships
112 Signature Programs
35 MHAT DOE Programs
1 CIT –Y and IBHAD
3,545 people served TOTAL

REGION 5

3 affiliates
67 memberships
150 Signature Programs
48 MHAT DOE Programs
2 CIT –Y and IBHAD
3,028 people served TOTAL

REGION 6

2 affiliates
66 memberships
168 Signature Programs
63 MHAT DOE Programs
4 CIT –Y and IBHAD
4,321 people served TOTAL
• Contracted with Georgia Department of Education, providing Mental Health Awareness classes to K–12 educators. We completed our first year, providing 791 classes, serving 19,010 participants, and in our second year we have provided 293 classes serving 7,022 participants to date.

• Created a Connections Support Group for Counselors in partnership with the Georgia Chapter of the American Counseling Association: a support group for mental health clinicians, using the NAMI Connection Support Group model.

• Launched NAMI In Your Neighborhood: a multi-year, multi-platform initiative to bring mental health awareness and resources to new areas of the state.

• Expanded programs serving youth and families in the Southwest and Chattahoochee-Flint regions of Georgia, serving 705 participants, in partnership with the Governor’s Office of Student Achievement.

• Initiated an area resource guide, a regional resource helpline, and the development of a new local NAMI affiliate.

• Created new recovery tools to support affiliates across the state, including the development of a soon-to-be-completed Mobile Resource App, in partnership with Georgia Tech.

• Created curriculum for Leadership NAMI Georgia: a training and development program for affiliate leaders and emerging leaders.

• Through an AmeriCorps planning grant, prepared a request for members to support affiliates and serve as a liaison with service providers statewide.

• Hosted a Recovery Language Workshop Facilitator Training for 21 affiliate members.
Leadership Training included:
In-Service Trainings for Affiliate Leaders and Program Leaders
Sessions were held in May 2019 and January 2020 with a total of 175 leaders participating

Highlights
• Tour of NAMI Central Georgia Facilities
• Session with NAMI Director of Governance & Membership
• Leadership NAMI Overview
• Recovery-Focused Sessions
• Best Practice Sharing
• Networking & Fellowship

Creation of new recovery tools to support affiliates across the state, including the development of a soon to be completed Mobile Resource App, in partnership with Georgia Tech

Other Highlights:
• Hired a full-time coordinator for NAMI Georgia HelpLine, resources research and volunteer coordination
• Served 1,705 HelpLine callers
• Top requests were for Mental Health treatment, NAMI Program/Group information, housing, legal matters, and support/encouragement
• 6,471 volunteer hours provided by State office volunteers and program leaders
• Partnering with Emory University School of Medicine Students and CDC fellows to develop a mental health resource guide
• Coordinated interns from the following universities: Emory, Kennesaw State, Grand Canyon, Columbia, and Brunel
Atlanta Interfaith Broadcasters recognized NAMI Georgia’s work by featuring us in an episode of their Making A Difference TV show.

In partnership with the Georgia Municipal Association and the Association of County Commissioners of Georgia, held Civic Dinners statewide, curated for community stakeholders to share their experience and ideas for mental health care where they live and work.

Kim Jones was selected by Atlanta Magazine as a member of the 2020 Atlanta 500 — their annual list of the city’s “most powerful 500 people” — in recognition of her leadership of NAMI Georgia.

Kim was also interviewed in NAMI’s national publication, The Advocate, about NAMI Georgia’s work across the state.

Social Media Following Increased
FY 20 vs FY 19

- Twitter: 4,151 vs 2,873 Likes
- Facebook: 1,924 vs 1,645 Followers
- Instagram: 1,961 vs 1,446 Followers
### NAMI Walks

<table>
<thead>
<tr>
<th>Walk</th>
<th>Estimated Number of Attendees</th>
<th>Amount Raised</th>
<th>Number of Teams</th>
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<tr>
<td>NAMI Georgia Walk</td>
<td>1,500</td>
<td>$250,502</td>
<td>175</td>
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<tr>
<td>NAMI Southwest GA Walk</td>
<td>400</td>
<td>$32,937</td>
<td>33</td>
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<tr>
<td>NAMI North Georgia Walk</td>
<td>211</td>
<td>$19,887</td>
<td>23</td>
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<td><strong>TOTAL</strong></td>
<td><strong>2,111</strong></td>
<td><strong>$303,326</strong></td>
<td><strong>231</strong></td>
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Thank You to the following 2019 NAMIWalks Sponsors

Major Sponsor

Turning Point
Despair turns to hope. Failure turns to success.
1-800-342-1075

Gold

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BHL
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NORTHSIDE HOSPITAL

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ALLIANT HEALTH SOLUTIONS
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CareSource
CHRIS 180
CCS Correct Care Solutions
Georgia Primary Care Association
iResearch Atlanta
Mailchimp
Northeast Georgia Medical Center
Phoebe
sunovion
SYNEXUS
2019-2020 financials

Total Revenue
May 2019-April 2020
$2,384,280
Historical Revenue and Expense Comparison 2018 - 2020

**Revenue**

- **Grants & Contracts**: $1,696,352 / $1,032,883 / $440,818
- **Walks, Donations & Sponsorships**: $478,067 / $510,347 / $298,487
- **Membership Dues**: $14,274 / $13,261 / $9,985
- **Annual Conference & other program revenue**: $15,282 / $10,875 / $6,138
- **Contributed Services**: $168,254 / $125,063 / $115,313
- **Other**: $12,051 / $119,526 / $17,101

**Expense**

- **Program Services**: $2,026,247 / $1,487,197 / $749,983 (85% / 85% / 82%)
- **Fundraising**: $167,903 / $100,223 / $74,823 (7% / 6% / 8%)
- **General & Administrative**: $197,921 / $166,306 / $91,943 (8% / 9% / 10%)

**Total Revenue**

- **FY2020**: $2,384,280
- **FY2019**: $1,811,955
- **FY2018**: $887,842
Individual Donors — Gifts of $250 and above

Roberta Adam
Jeff Adams
Darrell Akins
Deborah Akins
Joyce Allen
Susan Butler Allison
Dave & Julie Anderson
Jeffery Barnett
Don Benson
Melva Bigelow
Neill Blake
Michaela Braddy
Jere Brands
Vilda Brannen
Stanley P Brickman
Claire Brown
Frank Brown
Carol Bruce
James Buerstatte
Jonathan Calvis
Lester Castellow
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Karen Colen
Charlotte Cook
Randal Cooper
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Alek Szlam
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Matthew Troy
Michael Troy
Kimberly Underdue
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Dr. Sarah Vinson
Valery Voyles
Tracy Walkup
Jeri Wallin
Anthony Walsh
Sally Walters
Phillip Weiss
Carol Wildermuth
Candice Williams
Charles Williams
Lynn Wilson
Christine Wolf
William Wood
Waneta & Pat Woodard
Kimberly Woods
Xiaoqiang Xu
Gary Yandura
Cindy Zeldin
Institutional Donors — Gifts of $250 and above

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Alliant Health Solutions
Alpha Kappa Alpha Sorority
Amazon Smile
Amerigroup Community Care
Ameris Bank
Anchor Hospital
Anonymous
Anthem
Atlanta Center for Medical Research
Atlanta Girls’ School
Atlanta Metropol
Bank of America
Beacon Health Options
Behavioral Health Link - BHL
Benchmark Human Services
Benefit Community Impact Fund
Benmar LLC
Berean Christian Church
Bobby Tillman Foundation
Brown, McDaniel & Ladson
Cardboard Castle Games, LLC
CareSource
CHRIS 180
Colquitt Regional Medical
Convenant Presbyterian Church
Council on Volunteer Services
Crystal Pharmacy
Dairy Queen of Moultrie
DeKalb Community Service Board
DeKalb County Chiefs Association
Delta Eta Omega Chapter
Delta Vacations
Duggan Horne Foundation
Eastside Masonry
Eastside Medical Center
Edward Jones
Emory Department of Psychiatry
Emory University Hospital
Emory Wesley Woods Hospital
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First Presbyterian Church Covington
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Georgia Primary Care Association
Georgia Psychiatric Physicians Association
Georgia Rehabilitation Association
Georgia Vocational Rehabilitation Agency
Georgia’s Own Foundation
Governor’s Office of Student Achievement
Grady Health System
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Knights of Columbus
Lou Ann Best DMD PC
Mailchimp
Mellow Mushroom
Morehouse Healthcare
Morgan Stanley
Mother Easter Baptist Church
Moultrie Tire Company
NAMI Henry County
North Georgia Medical Center
Northside Hospital
Oak Ridge Place Apartments LLC
Officers’ Spouses Club
Otsuka Pharmaceutical
Oxford Construction Company
Peachford BHS of Atlanta
Phoebe Putney Health System
Pine Ridge Place LLC
Qualifacts Systems
Redwine United Methodist Church
Regions Bank
Rocket Science Group LLC
Sandia Dunagen Deal Center
Scruggs Concrete Company
Sharon DeMott Insurance Agency
Shelley Reed M-Cubed Appraisal
Skyland Trail
Staar
State Farm Companies Foundation
Stone Martin Builders LLC
Sunovion
Synexus Clinical Research
Synovus Bank
Takeda Lundbeck
Talbott Marketing
Thrivent Choice
Trinity Baptist
True Vine Experience Foundation
Turning Point Care Center
United Way of Greater Atlanta
Vereen Family Foundation
Volunteer Auxiliary Colquitt Regional
Wellcare
Wellpath
Whechel & Carlton LLP
Willowbrooke of Tanner
Woodstock High School
Yancey Mental Health Golf Tournament
Yardi
Your Cause

We have made every attempt to make this list an accurate one and sincerely apologize for any error or omission. We would appreciate your assistance in correcting our records by calling 770.234.0855 x 103.
NAMI Georgia is grateful for our collaborating partners:

SAMHSA
DBHDD
GaDOE
Mental Health America of Georgia
Citizenship
MMU
BHL
Georgia Dept of Early Care and Learning
MJS Global, Inc
IT Solutions Provider
Georgia State University
Andrew Young School
School of Social Work
Marcus Autism Center
NIH Autism Center of Excellence
Children's Healthcare of Atlanta
PRA
Bright from the Start
Chatham County SafetyNet Planning Council

NAMI Georgia
National Alliance on Mental Illness

4120 Presidential Parkway, Suite 200 • Atlanta, GA 30340
phone 770-234-0855 • fax 770-234-0237
www.namiga.org • namigeorgia@namiga.org

NAMI GA HelpLine 770-408-0625

In Crisis?
GCAL Crisis Line 1-800-715-4225 Text “NAMI” to 741741